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Why I Will ALWAYS Be Vegan: 125 Essays From Around The World





Synopsis

125 essays offering insight into the perspective of a committed vegan; and representing all regions of the globe. The book is dedicated to the preservation of what it means to be vegan.

Book Information

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Customer Reviews

This book helps me relate to so many people around the world. A lot of these essays are able to say in the perfect words what I could never really describe feeling as a vegan, helping me to understand my feelings better, introspect, and be in a better position to talk to other people about veganism.For NON-VEGANS, this is a great book to read because it gives you true insight into why people actually choose to live a vegan life. What you find may be actually VERY different from what you ever thought veganism is about. Neither is veganism an exclusive club, an elitist group, or cult, nor it is some mystical, ascetic practice that is supposed to be hard to do. Anyone and everyone can easily start being vegan. People from all sorts of professions, ethnicities, countries, age groups, and societies are going vegan all the time. Firefighters, lawyers, 3-year olds, 60-year olds, teachers, engineers, doctors...you name it! I hope you'll read this book to undo all the misrepresentation of vegnaism that has been spread by celebrities and other health/nutrition/diet personalities.And of

course for vegans, this is a great read as well. Just through the simple pages of a book, you become instantly connected at a beautiful level to all those other people around the world that have come to the same basic realization as yourself. Thanks!

These essays are so beautifully written. I absolutely love reading this book. Excellent work! Every person, vegan or not should read this book.

A super-powerful book that beautifully expresses the true meaning and importance of living the vegan ideal. I am confident that it will serve as an inspiration to take this most important, evolutionary step toward a peaceful world.

very touching! a book for literally everyone. helps to understand Veganism so much :)

This book is a must read for vegans and anyone who is considering becoming one. Infact I believe it will convert many people who never considered or doubted the value of veganism. Each essay was written with passion and conviction. Each one uniquely sheds light on the mental, emotional and spiritual aspects of the vegan truth. The truth is, the misery and suffering humanity inflicts upon animals is wrong. There can be no peace on earth until all sentient beings are respected and free to live their lives. There is no superior species. There is only one species who falsely believes in their own superiority. Read this book. It will grip your soul.

People who choose to embrace a vegan lifestyle have much in common with most others; especially in recognizing the right of all sentient animals to be treated with respect and justice. Vegans take this widely accepted philosophy to a higher level -- by not consuming, wearing, using, or otherwise exploiting animals as far as reasonably possible.As the author states in her introduction: "It was an unexpected pleasure to see that those who have a deep understanding of the vegan ideal emerged from every corner of the globe, demonstrating that the commitment to being vegan is a phenomenon taking root from Portland to Poland, from Hollywood to Hawaii, and even in countries with economies largely based on animal exploitation."Further, she notes that veganism is "a philosophy that is beneficial for the whole, inclusive of the entire planet and all its inhabitants, and a hope for our future." Indeed it is.Please get this wonderful compilation of short essays from around the world and share them with your friends and family. The book is not just for vegans. Rather, it is quite literally for everybody. Wonderful editor and beautiful essays. Highly recommend this and all works by the author Butterflies Katz.

This is a wonderful book of thoughtful essays on compassion for animals and the joy that comes from being vegan. They will make you think, they will make you cry. This is a book you will want to share and it is a good gift for vegans and non-vegans alike.

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